

YOUR MIND-SET MAKES IT SO

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It's amazing how we can change things just by the way we think. We have been aware of the belief that it's not what happens to us that matters most. It is how we think and feel about it that determines our outcome.

Henry Ford was aware of this belief system in his day. He said, "Whether you think you can, or think you can't...you're right." How many times have we witnessed someone overcoming insurmountable odds to accomplish a certain task? Almost everyone around them believed that it was impossible for them to get through that difficult situation. But they did simply because they believed with all their heart that they could do it and never seriously doubted their ability.

We have also seen people face a fairly simple task and somehow believe that it is impossible for them to accomplish it. Many people showed them how easy it was to accomplish that task, but for some reason they didn't believe it possible for them to do it, so they continued to fail at the project. They just simply developed a mental block to accomplishing the task and for some reason were not able to overcome it.

There is a Proverb in the Old Testament that says, "As persons think in their heart so are they" (up to date language). So that indicates that we can really change our life by changing our way of thinking and feeling.

So the big question is how can we learn to change the way we think and feel? First, we must trust that we really can change our lives as we learn to surrender to our Higher Power, whom I choose to call God. We must really come to the conclusion that our lives can and will change for the better if we will change the way we think and feel about ourselves. We must remember that we are created in God's image and He desires for us to receive the best He has to offer. However, we must believe that He will give us that best if only we don't block Him by our negative way of thinking.

Secondly, we must be willing to take that leap of faith believing that good things will happen to us if we only believe. God will work miracles in our lives if only we will allow Him too. However, He has created us with the ability to choose whether or not to believe in Him. We can choose to reject all His efforts and allow negative events to happen to us over and over. We must be willing to step out on faith and believe that God does have our best interests at heart and will deliver for us in His own time.

So, remember that God will allow you to think and feel the way you want too. He will not override your desires. However, if you are sick and tired of being sick and tired, allow God to change your "stinkin thinkin" and your life will really change for the better. Believing will make it so.